



Sacred Heart PARISH

2875 10th Avenue NE, Sauk Rapids, MN 56379

Parish Office: 251-8115
School Office: 251-2854
Fax Number: 252-0710
Confirmation: 420-9050
Website: www.sacredheartsaukrapids.org
Email: parish@sacredheartsaukrapids.org

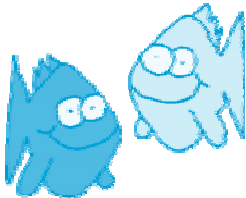
SACRED HEART SCHOOL 31ST ANNUAL FISH FRY



Friday, February 19th, 2010

4:00 – 8:00pm

Sacred Heart School, Sauk Rapids, MN



Tickets

In Advance: Adults-\$7.50 Children (12 and under)-\$4.50

At the Door: Adults-\$8.50 Children (12 and under)-\$5.50

Preschoolers Free

TAKE OUT AVAILABLE: 320-251-2854

Advanced tickets available at Sacred Heart School and Church Offices

**Sponsored by the Sacred Heart Catholic Aid Association Council (Matching Grant Activity)
in cooperation with Sacred Heart School**

PARISH OFFICE HOURS

8:00 a.m. — 4:00 p.m. Monday through Friday
(The Parish Office is closed on Holy Days of Obligation)

PARISH STAFF

Located at Church 251-8115

Father Ronald Weyrens, Pastor (Ext. *812)
Joan Krause, Director of Faith Formation (Ext. *818)
JoAnn Mo, Secretary (Ext. *814)
Maureen Otremba, Pastoral Minister (Ext. *817)
Beth Plumski, Co-Director of Music/Liturgy (Ext. *822)
Sarah Woeste, Co-Director of Music/Liturgy (Ext. *816)
Robert Zawacki, Business Manager (Ext. *811)

Gerry Kittok, Confirmation (420-9050)
Patrick Flynn, Youth Minister (293-7988)

Located at School 251-2854

Erin Hatlestad, School Principal
Julie Schmid, School Office
Jim Storms, Maintenance
David Walker, Custodian

LITURGY SCHEDULE

Saturday ----- 5:00 p.m.

Sunday ----- 8:00 a.m., 10:00 a.m.

10:00 a.m. Mass interpreted for hearing impaired

Weekdays ----- Variable; see inside of bulletin for details

Holy Days ----- consult bulletin

BAPTISMS

Pre-Baptism classes, 1st Thursday every other month at
7:00 p.m. in the church (pre-registration requested).

WEDDINGS

Please contact the Parish Office at least six months in
advance.

NEW PARISHIONERS

Please call the office to set up an appointment for registering.

RECONCILIATION

Saturday—3:30 p.m. (other times by appointment)

CHURCH OF THE SACRED HEART, SAUK RAPIDS

Mass Intentions

Monday, February 15, Weekday

8:00 am -Word & Communion Service

Tuesday, February 16, Weekday

6:00 pm -Living & †Deceased Members of St. Monica's Society

Wednesday, February 17, Ash Wednesday

9:00 am †Bernie Janson

12:00 Noon -Word & Ash Service

3:30 pm †Marcella Deppa (at Ridgeview Place)

6:15 pm †Roger Schotl

Thursday, February 18, Lenten Weekday

8:00 am †Eldon Lockhart

2:00 pm †Margaret Cruser (at GS Chapel)

Friday, February 19, Lenten Weekday

8:00 am †Joseph & Leona Stellmach

Sunday Eucharist, February 20/21, First Sunday of Lent

Saturday 5:00 pm †Thomas Roske
-Fred & Diane Haack (50th Wedding Anniversary)

Sunday 8:00 am †Cy Wolter
†Agnes Gall & Anne Popp

10:00 am -For the Parish

6:00 pm (at St. Mary's Cathedral)

Readings for the Week of February 14

Sunday: Jer 17:5-8/1 Cor 15:12, 16-20/Lk 6:17, 20-26

Monday: Jas 1:1-11/Mk 8:11-13

Tuesday: Jas 1:12-18/Mk 8:14-21

Wednesday: Jl 2:12-18/2 Cor 5:20---6:2/Mt 6:1-6, 16-18

Thursday: Dt 30:15-20/Lk 9:22-25

Friday: Is 58:1-9a/Mt 9:14-15

Saturday: Is 58:9b-14/Lk 5:27-32

Next Sunday: Dt 26:4-10/Rom 10:8-13/Lk 4:1-13

Liturgy of the Word for Children



The directory of Masses with Children calls us to use "words and signs" in our liturgies which are "specifically adapted to the capacity of children." During Lent & Easter we will be inviting children grades K-5 (and preschoolers with an adult) to a separate Liturgy of the Word during the 10:00 Mass. The Sunday Scripture readings that we will use have been adapted so that children may more easily understand the Word of God. The children will be dismissed from the assembly after the opening prayer and will return to the assembly after the intercessions. We are looking for teen and adult leaders. If you would be interested in having your children participate please consider helping. Call Sarah at 251-8115 for more information or to volunteer.

Bringing Home the Word



Weekly reflections to help you reflect on your week, deepen your connection to the Word, and live out your faith.

6th Sunday in Ordinary Time: Trust does not mean that we do nothing. We trust that the Lord will lead us in the path right for us. How or when did you place your trust in the Lord?

Jesus has taken his stand with the poor, the hungry, the sad, and the rejected. He has called them blest. Where will you stand? How will you follow Jesus?

"Stewardship as a way of life"

Talent, Time & Treasure

Stewardship means returning the first portion of all God has given you. Stewardship is:

A way to thank God

—for blessing you with special gifts. It's based on your need to give something back to God—not on the church's need for money.

A lifelong commitment

—to follow Jesus, regardless of the cost. Your commitment to God can't be expressed in any single action.

A rewarding way of life

—in which your personal relationship with Jesus is enriched and deepened every day.

The key to peace

—it makes the world we live in a better place for everyone.

Income for the week ending February 7, 2010

Adult Collection.....	16,079.31
Children/Youth	36.36
Loose Collection	355.21
Improvements	119.00
Friends in Need	175.00
St. Cloud Visitor	1,769.00
Religious Retirement	50.00
Easter Flowers.....	27.00

Vespers

Come experience Vespers. Sacred Heart will be hosting Lenten Vespers at 4pm each Sunday of Lent (February 21, 28, March 7, 14, 21, 28). Vespers is the evening prayer of the church. It consists of hymns, psalms, readings, and prayers with time for quiet reflection. All are welcome! Liturgical ministers are needed. Please sign-up in the church sacristy or online if you are available.

Stations of the Cross



Stations of the Cross will be led by the Lay Presiders on Friday, February 19 at 7pm in the church.

SIXTH SUNDAY IN ORDINARY TIME

A Message from Father Ron

From Safari: Welcome to Fr. Charles Smiech, OFM who is visiting us this weekend and sharing about the Cross International Catholic Outreach.

Lent begins on Wednesday. Are you ready to make your way to your spiritual gym? At our most recent Journey in Faith session, we explored the Lenten exercises of prayer, almsgiving, and fasting. James Smith offers the following insight into these traditional practices of Lent.

“Why does Jesus focus on this particular trinity? Because he learned these precepts from his own Jewish tradition. They are not randomly chosen; they each have a specific purpose in defining our primary relationships — with God, with other people and with our own self.

If all I do is pray, my spirituality becomes unreal, unconnected with everyday life. If all I do is give alms, I can become discouraged with the poor always being with us, or even feel superior to them. If all I do is fast, I can get caught up in self-discipline and forget that by myself, I cannot improve myself even a little bit.

These three Lenten practices form a pyramid of right relationships. Prayer establishes my relationship with God in love; alms establishes my relationship with others in compassion; fasting establishes my relationship with my own self in humility.

What we learn from years of practice, whether we succeed or fail, is that we do these three things not because they are difficult, but because they are the best teachers of humanity.

That is ever more true today than it was in the time these pillars were first taught. Today, we live in a culture positively strangled by self-absorption. Each of us has to hack our way through the jungle of greed and self-interest.” (*February 2010, Celebration, p.23, The National Catholic Reporter Publishing Company, Kansas City, MO.*)

Starting Wednesday, with the ashes that mark our mortality, we commit ourselves to prayer, fasting, and almsgiving, with the hopes of becoming more compassionate, humble, and other centered.

May our Lenten Journeys bring about conversion and spiritual growth.

Ron

School News



The school and school offices will be closed tomorrow, Monday, February 15th.

There will be an All School Liturgy on Wednesday, February 17th (Ash Wednesday) at 9am planned by Mrs. Pederson's fifth grade class.

Our 31st Annual Fish Fry is this Friday, February 19th. We look forward to seeing you there.

Please patronize those businesses which advertise on the back of our bulletin!!

Music & Liturgy

Liturgical ministers are needed for Ash Wednesday for the 9am School Mass, the 12pm Midday prayer service, and the 6:15pm Mass on Ash Wednesday, February 17th. Sign-ups are available on-line or in the church sacristy.

A choir is forming to sing on Easter Morning at 7:00am Mass. If you are interested in singing or playing an instrument please contact Sarah for the rehearsal schedule.

Sign Language interpreters are needed for the 2nd & 5th Sundays of the month. Please call Sarah if you are qualified and able to help.

Festival Choir: Want to sing with a choir, but aren't able to commit to the whole year? Come sing with the Festival Choir for the Triduum liturgies (Holy Thursday, Good Friday, Easter Vigil and Easter Sunday). Rehearsals will take place on Wednesday evenings during Lent. Our first rehearsal together will be Wednesday, February 24 from 7-8:30pm in the church. Please contact Beth for more information.



The Parish Children's Choir will be singing with the Festival Choir for the Holy Thursday and the 9am Easter Sunday liturgies. All 2nd-6th graders are invited! Come sing, play handbells and have an enjoyable time! If your child is interested in singing for these Masses, please contact Beth.

Our parish is in need of a Eucharistic Minister to help at Good Shepherd Nursing Home on the 2nd Thursday of the month for the 2:00pm Mass and for visits to rooms. Training will be provided. Please call Sarah if you are interested.

Email Addresses

How can you help the parish save time, paper, postage, phone charges, and keep in touch with the parish? Email! Please send us an email which includes your email address to:

parish@sacredheartsaukrapids.org

Blood Pressure Checks

There will be free blood pressure checks in the Hospitality Room after all the Masses the weekend of February 20-21.



Operation Rice Bowl

Lent begins this week with Ash Wednesday. As part of our community's observance of Lent, we are asking families to participate in Catholic Relief Services' Operation Rice Bowl, a program of prayer, fasting, learning and giving. Please take home a Rice Bowl and follow this simple yet powerful Lenten practice. Visit orb.crs.org for more information.



Youth Ministry Notes (from Patrick)



Food Fast – On Saturday, February 27th you are invited to spend the day serving those in need at several locations around the St. Cloud area. It will be an amazing day. Come and join us for this great event.

On Sunday, March 7th we will have a youth council meeting for any young people interested in helping with youth ministry in the parish. More details will follow or call me at the number below.

If you would like to keep updated about youth ministry activities or other stuff via email, contact me (Patrick Flynn) at pflynn@csbsju.edu or give me a call at 293-7988.

Faith Formation



TAKE HOME MATERIALS from our *Journey In Faith* Gatherings are available on the table in the Gathering Space. There are various resources to aid in our Lenten journey such as *Little Black Books* with daily reflections, *Operation Rice Bowl* materials, *Catholic Updates*, and more.

EUCARIST PARENT MEETINGS will be on either Sunday, Feb. 21 or Monday, Feb. 22, 7:00-8:30pm at the church for those preparing their children for First Eucharist. Children don't attend this meeting.

Knights of Columbus

The Knights of Columbus will meet on Monday, February 15 at 7pm in the Hospitality Room. Congratulations to Bill Peine for being chosen as the February Knight of the Month from Council 11346. Thanks, Bill, for your help at various KC events.

St. Monica's Society

The St. Monica's member lists and dues envelopes have been mailed. The parish records and the treasurer's records were compared. If you feel there is an error or that you were missed, please call Jane Connor at 251-0439. Please also call if you would like to be taken off the list.

Prayer Corner

Please call your Prayer Chain Requests (calling tree) to 251-8961 or 252-3401

If you know of anyone who needs our prayers and wants to be put on the following prayer list, please call 251-8115

Pat Abraham, Lisa Barthel, Betty Froelich, John Gebhardt, Jill Pundsack, John Scapanski, Eleanor Schaefer, John Wagner, and for those who have received prayer blankets.

Notes of Interest

Two local options for tax preparation help for seniors and those in need are posted on the kiosk.

40 Days for Life: Kick off is Sunday, February 14 at St. Augustine's Church, St. Cloud. Mass is at 5pm; Ecumenical Prayer Service at 6pm. Join thousands of people participating across America and internationally. 40 Days for Life saves lives through prayer and fasting for an end to abortion, peaceful vigil outside the abortion facility at St. Cloud Planned Parenthood Clinic and community outreach to spread the message that life is sacred. Contact rhlgr@aol.com or objudy@meltel.net for more information.

Help for Couples in Troubled Marriages: Are you, or someone you know, living in the despair of a marriage in trouble. Retrouvaille can help. The next program starts March 19, 2010. Advance registration is necessary. Call 320-255-5314 or check our website www.savingmarriages.org.

Men's Club

The Men's Club will meet on Tuesday, February 16 at 7pm in the Hospitality Room.

Women's Book Club

The book club will meet Wednesday evening February 24, from 6:30 to 9:00 at the Janson House. The book we are reading for February is "The Help" by Kathryn Stockett. For more information, please call Carol Kittok at 253-8566. All are welcome.



Health & Wellness

Care For Your Heart So Your Heart Can Care For Others: According to the National Heart, Lung, and Blood Institute, most people in the U.S. get more sodium in their diets than they need. A key to healthy eating is choosing foods low in salt and sodium. Doctors recommend you consume less than 2.4 grams of sodium per day (about 1 teaspoon). Reading food labels can help you see how much sodium is in prepared foods. Watch the Gathering Place for more details and information about how you can help yourself and others. You can have your blood pressure checked February 20th and 21st. Please stop by the Hospitality Room after Masses.



Bazaar Raffle

We are in the process of putting together a list of prizes for the raffle tickets for the Sacred Heart Parish Bazaar. Anyone interested in donating a prize, please contact Rich Remer at 253-7277 as soon as possible.