



**Sacred Heart**  
**PARISH**

**Sacred Heart Parish Mission Statement:** Striving to be a grateful parish following Christ by loving God, and loving our neighbors as ourselves through our words, deeds, and thoughts.

**Sacred Heart Faith Formation Mission Statement:** Walking with all generations, Sacred Heart Faith Formation strives to equip parishioners to recognize, claim, know, and live out their faith in the church and the world.

**Goals:** Our parishioners will...

1. Become curious about Christ and his ways.
2. Grow in their sense of belonging to Christ and the Christian community.
3. Gain interest and therefore knowledge in foundational beliefs and elements of the faith.
4. Deepen participation in the life of the church through liturgy and worship.
5. Practice missionary discipleship through Christian service.

## **POSITION: MEAL PREP VOLUNTEER**

**Overview and Service Impact:** Being a meal prep volunteer is deeply connected to the gifts we are given at Baptism and that are strengthened at Confirmation. It is worth taking the time to discern if God is calling you to serve in this way. Meal prep volunteers will plan, prepare, serve and/or clean-up meals before Faith Formation sessions and/or Vacation Bible School sessions.

### **Key Responsibilities:**

- Plan menus for simple meals for gatherings
- Prepare food for meals
- Set up and serve meals (family style)
- Clean up after meals: washing dishes, tables, packing up left-over food, sweeping and mopping floors, vacuuming floors as necessary

**Time Commitment:** Meal prep volunteers will be responsible for meal responsibilities for each class during the school year (24-28 meals). Including prep and clean-up each meal will take 2-4 hours.

**Qualifications/Requirements:** Meal prep volunteers should have a love for sharing hospitality through feeding others. They should be skilled cooks and be organized, dependable, consistent, and committed to their area of ministry. Food safety training and experience in preparing and serving large quantities of food is also helpful. Safe environment training and background checks for the Diocese of St. Cloud must be completed and an initial discernment meeting with the Director of Faith Formation will be required.

**Supported by:** Director of Faith Formation, Pastor, the community of Sacred Heart

**Benefits:** Being a meal prep volunteer can be a challenging and demanding task but the blessings are great for those who receive the call to this particular ministry in the church. Here are some of the blessings that may be part of the experience:

- Serving nutritious meals to families, giving them an opportunity to form community within their family and with the community of believers
- Practicing the gift of hospitality and using your gifts of cooking and baking
- Joy at seeing God working in the gifts we offer for the building up of the Kingdom