

2021-2022 FAITH FORMATION CALENDAR | Sacred Heart, Sauk Rapids

| <table border="1"> <thead> <tr><th colspan="7">SEPTEMBER '21</th></tr> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> </thead> <tbody> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td></tr> </tbody> </table> | SEPTEMBER '21 | | | | | | | S | M | T | W | Th | F | S | | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | <p>6 Labor Day 15 FF Opener 22 FF Session 29 First Sacrament Parent Meeting (6:00-7:00pm) 29 Conf Orientation with Parents & Candidates (7:15-8:15pm)</p> | <table border="1"> <thead> <tr><th colspan="7">FEBRUARY '22</th></tr> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> </thead> <tbody> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table> | FEBRUARY '22 | | | | | | | S | M | T | W | Th | F | S | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | | | | | | <p>2 FF Session 6 Conf Retreat (St. Francis Xavier, Sartell) 9 FF Session 16 FF Session – SET Session 23 FF Session 27 Conf Retreat (St. Francis Xavier, Sartell)</p> | | | | | | | |
|---|---------------|----|----|----|----|----|--|---|---|---|---|----|---|---|--|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--|--|--------------|--|--|--|--|---|--|-----------|---|---|---|----|---|---|---|---|---|---|----|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--|----|----|----|----|--|--|--|
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| <table border="1"> <thead> <tr><th colspan="7">OCTOBER '21</th></tr> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> </thead> <tbody> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> <tr><td>31</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table> | OCTOBER '21 | | | | | | | S | M | T | W | Th | F | S | | | | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | | | | | | | <p>2 First Sacrament Parent Meeting (6:15-7:15pm) 6 FF Session – SET Session 11 Columbus Day 13 FF Session 17 Conf Rite of Calling 20 MEA WEEKEND – NO FF 27 FF Session 31 Halloween-Trunk or Treat!</p> | <table border="1"> <thead> <tr><th colspan="7">MARCH '21</th></tr> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> </thead> <tbody> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td></tr> </tbody> </table> | MARCH '21 | | | | | | | S | M | T | W | Th | F | S | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | | | <p>2 Ash Wednesday Family Mass at Sacred Heart 9 FF Session 16 FF Session 23 FF Session – Reconciliation 30 NO FAITH FORMATION</p> |
| OCTOBER '21 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| <table border="1"> <thead> <tr><th colspan="7">NOVEMBER '21</th></tr> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> </thead> <tbody> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td><td></td></tr> </tbody> </table> | NOVEMBER '21 | | | | | | | S | M | T | W | Th | F | S | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | | | <p>3 FF Session 10 FF Session 17 FF Session 24 THANKSGIVING BREAK – NO FF 25 Thanksgiving Day</p> | <table border="1"> <thead> <tr><th colspan="7">APRIL '22</th></tr> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> </thead> <tbody> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> </tbody> </table> | APRIL '22 | | | | | | | S | M | T | W | Th | F | S | | | | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | <p>6 FF Session 13 HOLY WEEK - NO FF 17 Easter Sunday 20 FF Session 23 First Communion Retreat 24 First Communion Retreat 24 Conf Rite of Sending 25 First Communion Retreat 26 First Communion Retreat 27 FF Session 30 First Communion</p> | | | | | | | |
| NOVEMBER '21 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| DECEMBER '21 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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NOTES: (All events are located at Sacred Heart unless noted in parenthesis.)

- Faith Formation sessions run from 6:30 to 7:30pm. For First Sacraments (First Reconciliation and First Communion) please see the scheduled times for those events in the Parent Information materials. Confirmation sessions are held during Faith Formation sessions. – Youth Group will follow on the first and third Wednesday of the month for grades 6-12. See Youth Group Calendar for more amazing events and opportunities!
- Wednesday Morning Bible Study meets Wednesdays at 9am beginning September 8, 2021. Contact Jen for details.
- Advent Study – Monday's: November 29 & December 6, 13, 20 at 6:30pm; Lenten Study – Monday's: March 7, 14, 21, 28 & April 4 at 6:30pm
- Faith Formation Committee meets the first Thursday of the month at 6:30pm beginning September 2, 2021.
- Are you a Faith Formation or Youth Group Volunteer? Join us for our gatherings December 18, 2021 & May 11, 2022!

FAITH FORMATION AT SACRED HEART



August 2021

Dear Sacred Heart Faith Formation Family,

As I look over the mission statement and goals for our Sacred Heart Faith Formation programming (see the bottom of this letter), I find now more than ever that we need to live up to those ideals. For myself, I am particularly drawn to the ideas of walking with all generations and helping you, our participants, grow in a sense of belonging to Christ and the Christian community. As was said by a very wise young man I know, "At the end of this year, I want to have our participants be able to say, 'This has been a [insert adjective here – tough, good, crazy, etc.] year but my parish, Sacred Heart, has helped me through it and they have helped me to see and to know God's action in my life through it all.'" (I paraphrase a little.)

Looking ahead at our 2021-2022 Faith Formation year we are planning some rather significant changes to our programming for Wednesday nights in collaboration with our new Director of Youth and Young Adult Ministry, Jason Prigge, and our Liturgical Ministry department. The changes include:

- Moving to a weekly schedule on Wednesdays as shown in the calendar included with this handout. We will no longer have Faith Formation on Sundays.
- Programming will be for preschool thru 11th grade and will run from 6:30-7:30pm.
- Programming will be flanked by children's choir from 5:30-6:20pm (those participants will receive a calendar of practices from the Liturgy Coordinator) and Wednesday Night Live (youth group) beginning around 7:30pm and ending at around 9:00pm which will be held on the first and third Wednesdays of each month.
- We hope to continue to offer meals before our programming and potentially before children's choir practice for those who participate in that activity.
- Confirmation candidates will be participating in Wednesday night Faith Formation in small groups using "Chosen" from Ascension Press as their curriculum, as well as the elements suggested in the Diocesan Confirmation guidelines which include the sponsor process, learning centers, retreat, etc.
- Elementary grades will continue to use St. Mary's Press curriculum with 1st and 3rd thru 5th grades using "Discover" and First Sacrament candidates using "Go-Seek-Find."
- Middle school grades will use "Edge" while 9th and 10th graders will use "Life Support" from Life Teen.
- We will be holding Safe Environment Training (Virtus) for children and youth on Wednesday, October 6 during class time.

A few more details for you. Registration is *absolutely necessary* for our planning! **We cannot take walk-ins.** We must have an accurate count for our rooms, supplies, and for contact tracing. Our online registration can be found on our website at: sacredheartsaukrapids.org/faith-formation

We will continue to monitor and assess the situation and our ability to safely gather and will communicate any changes to programming as needed. While our goal is to remain on site (the benefits of building Christian community are tremendous) all of our curriculum has the capability of being completed remotely should it become necessary. Your feedback is always important, welcome and will be extremely helpful in aiding our decisions for the year. Please be sure to download the *MyParish* app for your smart phone, iPad or tablet as this will be the main source for receiving up to date information on closures, cancelations, and notices for Faith Formation and other Parish events. Please also watch our parish website and Facebook page for updates.

We understand that this is a lot to process. Please know we are here for you, and we are doing our best to pull all the elements of our year together to be a safe and meaningful celebration of our faith. We ask for your continued patience as we may need to adjust our plans throughout the year. As always, please reach out with your needs and questions. May God bless and keep us all as we begin this year in our efforts to draw closer to him and one another as brothers and sisters in faith.

With much love and the peace of Christ,

Jen Haman

Director of Faith Formation
Sacred Heart Parish
2875 10th Ave. NE
Sauk Rapids, MN 56379
320-251-8115 ext. 117
jhaman@sacredheartsaukrapids.org

Connectedness ~ Learner ~ Maximizer ~ Positivity ~ Input



Sacred Heart Faith Formation Mission Statement:

Walking with all generations, Sacred Heart Faith Formation strives to equip parishioners to recognize, claim, know, and live out their faith in the church in the world.

Sacred Heart Faith Formation Goals:

Our parishioners will...

- *Become curious about Christ and his ways.*
- *Grow in their sense of belonging to Christ and the Christian community.*
- *Gain interest and therefore knowledge in foundational beliefs and elements of the faith.*
- *Deepen participation in the life of the church through liturgy and worship.*
- *Practice missionary discipleship through Christian service.*

FAITH FORMATION WELLNESS POLICY

At Sacred Heart Church, we strive to provide a healthy environment for all and ask those experiencing symptoms of communicable illnesses refrain from in-person activities. We will do our best to maintain a safe environment and follow all COVID guidelines and protocols set forth by the Diocese of St. Cloud, but with any gathering there is a risk.

Due to COVID, we can't emphasize enough the importance of following our wellness policy. If in the last 10 days, you or someone you are bringing, have been told to quarantine by a medical or government official, had a fever, or a persistent dry cough or shortness of breath, we ask that you please stay home. We appreciate your care and consideration for others.

Participants should screen themselves and/or their children before attending Faith Formation. If you or one of your children are experiencing any of the below symptoms of communicable illnesses, we ask that you to please keep them at home.

- Fever (100.4°F or higher) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Green nasal discharge
- Unexplainable rash
- Watery, matted eyes
- Head lice (those with head lice can only return to church after being treated with a lice killing medication and no live lice are seen and all nits are removed).

Additional precautions and information...

- Masks are required for those not vaccinated who are in attendance on site. Extra masks will be available if needed. Social distancing will be practiced and encouraged throughout the session. We will be utilizing the cleaning and disinfecting measures necessary to keep our participants safe. Children, youth, and volunteers will sanitize or wash hands often and before each session.
- Parents will be notified immediately if their child starts feeling unwell. Please be sure your contact information and your emergency contact information are correct and up to date!
- IF WE SHOULD NEED TO CANCEL FAITH FORMATION DUE TO WEATHER, ETC. WE WILL POST THE INFORMATION ON OUR WEBSITE, FACEBOOK, AND *MYPARISH* APP BY 2:00PM THAT DAY. (If school has been cancelled due to weather, Faith Formation will also be cancelled.) Please monitor these sites for information or any further updates or contact Jen Haman in the Parish Office with any questions.

SHOULD YOU NEED TO CONTACT ME!

Jen Haman (Director of Faith Formation)

320-251-8115 ext. 117

jhaman@sacredheartsaukrapids.org